

# Smart on FHIR enables Innovative Solutions

APEHC

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Grahame Grieve

# FHIR: The web, for Healthcare

## Open Community

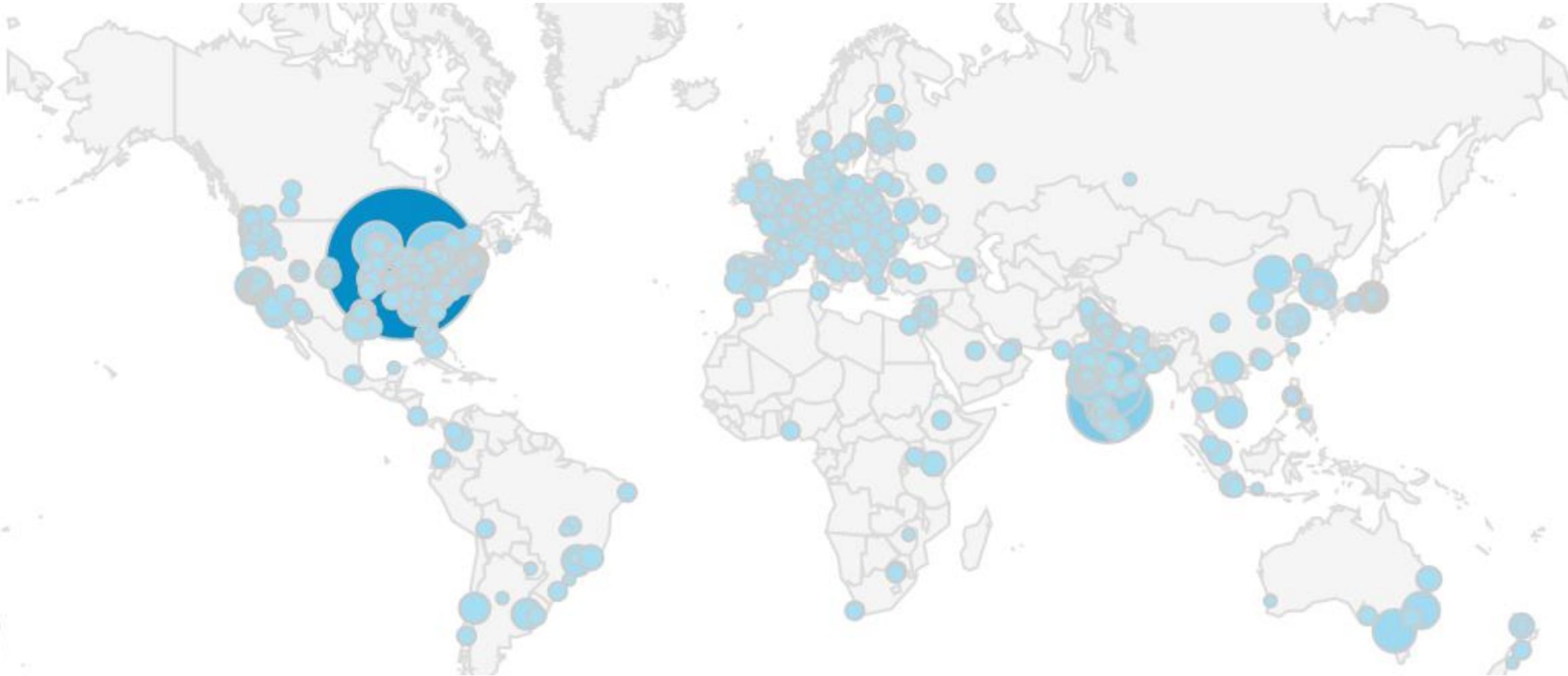
- Make it easier to exchange healthcare information
- Open Participation - uses web infrastructure (social media)
- Lead by HL7 - deeply connected to world wide health community

## Open Standard

- Describes how to exchange healthcare information
- Public Domain (<http://hl7.org/fhir>)
- A web API - web standards where possible
- Continuity with existing healthcare standards

# Origin of FHIR: the state of Healthcare

- Health care has broken processes
- Other industries are being transformed
  - IT enables process transformation
- “Patient Centered Ecosystem” is happening very slowly in healthcare
  - IT standards to integrate B2B and C2B do not exist
  - IT is not properly implemented
  - There are many other blockers (culture, business process, liability, regulation)
  - Innovation is *hard* work – network problem

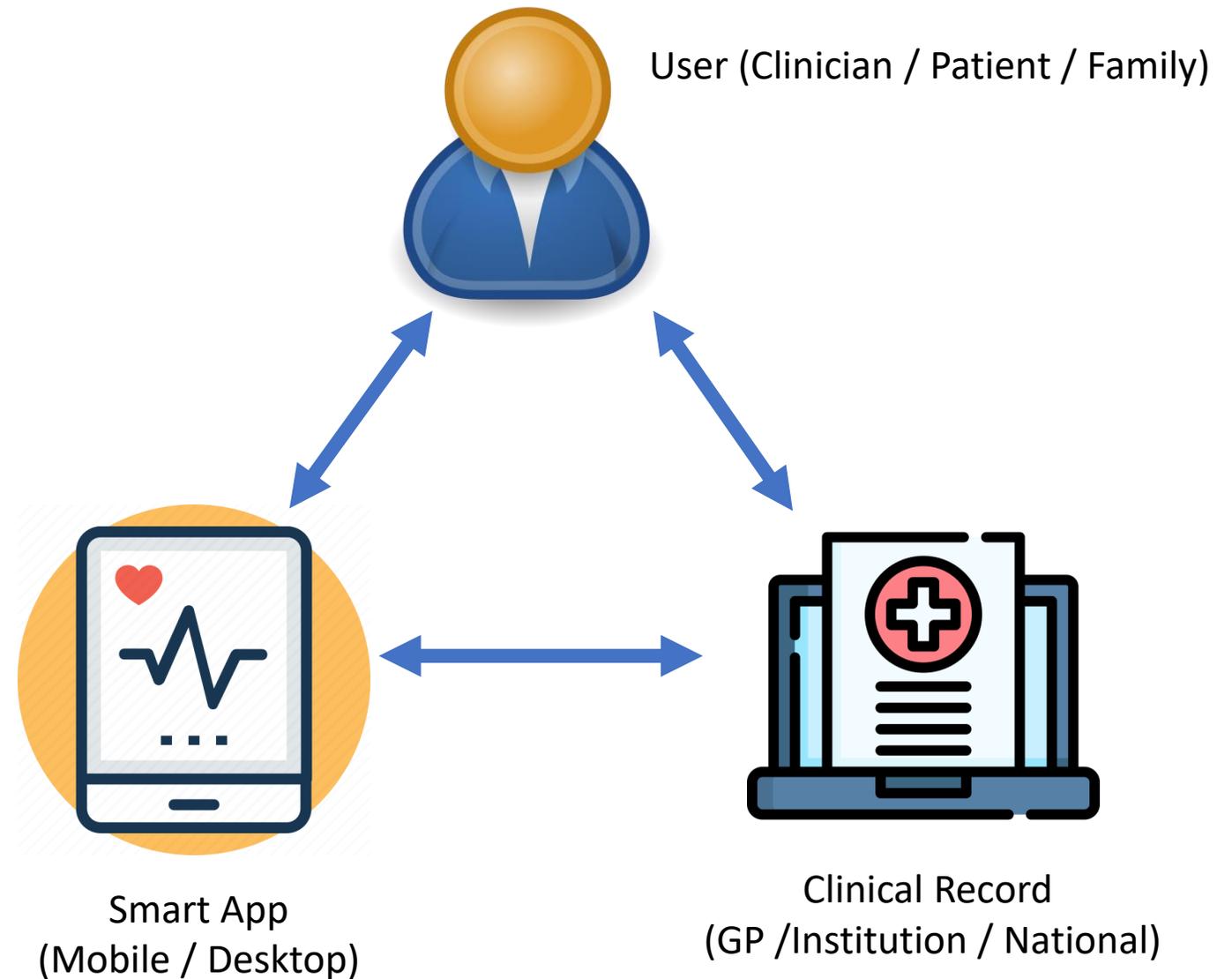


# Why SMART?

- Major Problem: Clinical record systems (LIS / EHR) have massive amounts of data
- All sorts of interesting clinical / business rules could help
- Vendors can't do everything
- So:
  - Provide a General Purpose API that allows access to EHR data and services
  - With Integrated security
  - And a way to launch application in a child window

# SMART: Substitutable Medical Apps, Reusable FHIR Technology

- FHIR – Access Clinical Data & services (IPS/CDI)
- OAuth – Identify User & Get permission
- Clinical Context – Integrate workflow and presentation



Face Sheet

Medical History: Newest to oldest

Explore Promote Inactivate Resolve HCC

- PROBLEM LIST/PAST MEDICAL
  - HYPERTENSION (401.9 | I10)
  - CONTROLLED DIABETES MELLITUS TYPE II WITHOUT COMPLICATION (250.00 | E11.9) <HCC19>
- ALLERGY
  - No Known Drug Allergies [10/30/2013]
  - Peanuts
- FAMILY
  - Hypertension
  - Diabetes Mellitus Type II
- SOCIAL
  - Exercise
  - Current work status
  - Guns in the Home
  - No alcohol use
  - SMOKER (305.1 | Z72.0)
  - Non smoker / no tobacco use
  - Marital status
  - No drug use
- PAST SURGICAL
  - Hysterectomy: Total
- DIAGNOSTIC STUDIES
  - Mammogram: 2008
- OTHER PAST HISTORY
  - BILATERAL BUNIONS (727.1 | M20.11)
  - Unspecified Diagnosis
  - Hypertension

Encounters: By Type, Newest to Oldest

Explore Flow Sheets (0)

- Encounters
  - Care Plans & Goals
  - No Charge Visit
  - Nurse Visit
  - Office Visit
  - [Open Encounter]
- Messages
  - Patient Message
- Chart Attachments
- Labs/Procedures
- Scanned Documents

Medications: Current, Newest to Oldest, Eligibility Status: PENDING

Explore Refil. Inactivate eAuth Request... Fill History

- Current Medications
  - Ibuprofen 800MG, 1 (one), Active.
  - Acetaminophen 500MG, 1 (one), Active.
  - Atorvastatin Calcium 20MG, 1 (one) Tablet Tablet daily, #30, 30 days starting 07/18/2017, Ref. x6, Active.
  - MetFORMIN HCl ER 500MG, 1 (one) Tablet ER, 24HR daily, #30, 30 days starting 06/07/2016, Ref. x6, Active.
  - GlipizIDE (10MG Tablet, 1 capsule Oral every other day) Active.
  - Lipitor (20MG Tablet, 1 Oral daily) Active.

Your own application

What do you want to put here?

# Extensible Clinical Record Systems

- Launch apps that can access patient record
- Add a way to inject 'suggestions' into the application
  - E.g. what things could/should you do for this patient?
- Write your own surveillance/management tools
- Examples in production:
  - Custom advanced dosing regimes ('DoseMe')
  - Risk calculators (by many clinical risk ratings)
  - Case Registration applications
  - Apple Health (/Personal Health access)



- Menu
- Pharmacist Workflow
- MAR Summary
- Perioperative View
- MAR
- Orders + Add
- Medication List + Add
- Allergies + Add
- Documentation + Add
- Form Browser
- Results Review
- Interactive View and I&O
- Activities and Interventions
- Diagnoses and Problems
- Patient Information
- Oncology
- Flowsheet
- Medication Request
- Chemotherapy Dosing
- Multi-Disciplinary Rounding
- SMART App Validator
- DoseMeRX

Navigation: < > Home DoseMeRX 100% [Icons]

Actions: Full screen Print 0 minutes ago

### Individualized Dose

2000 mg over 3.5 hours every 12 hours for 2 days

**Target:** AUC24: 450 mg.h/L  
**Predicted:** AUC24: 437 mg.h/L

Peak	27.18 mg/l
Trough	10.7 mg/l
AUC24	437 mg.h/L

Plot

### Guideline Dose\*

1500 mg over 2.5 hours every 12 hours for 3 doses  
*\* Non-severe Infection*

Peak	21.49 mg/l
Trough	7.58 mg/l
AUC24	328 mg.h/L

Plot

### Label Dose

1000 mg over 2 hours every 12 hours for one day

Peak	15.24 mg/l
Trough	5.09 mg/l
AUC24	227 mg.h/L

Plot

### Customize

Target Dose

**Target** AUC24

AUC24 450 mg.h/L

**Infusion Length** 3.5 hours

**Dosing Interval** 12 hours **Number of Doses** 4

### Individualized Dose Profile



# Case Study: Argonaut

- Government instigated project involving US EHR vendors
  - Vendors ran their own project
- Goal: define a public API for patients to get their own data
  - Secondary goal: use the same API for application extensibility
- Outcome: an industry specification for letting the patient get their healthcare summary –
  - Medications, Allergies
  - Labs, Vital Signs
  - Documents (/ Clinical Notes)
  - All done securely via SMART on FHIR

# Case Study: Apple Healthkit

- Apple Healthkit uses Argonaut specification (US Only)
- Hospitals can register with Apple for free
- Hospitals get software with the capability for free
- Register with Apple for free
- Have to pass the Apple testing process (some weeks work)
- Have to maintain patient portal accounts
  
- Reduction in cost for PHR: >90% - it's a commodity

# Why use SMART on FHIR?

- All the advantages of FHIR, e.g.:
  - Free Open Source Specification
  - Leverage Web technology / security / community
  - Active & helpful FHIR community
- Can use other standards
  - V2 – designed for back-office exchange
  - CDA / XDS – designed for historical record collection
- Can do it your own way (down with standards)

# Standards Cost More!

- Standards increase up front costs
  - Encountering requirements you don't (*yet*) have
  - More development than a custom agreement
- Standards decrease follow up costs
  - More re-use of work in the future
  - Less re-work (safer! Lower Risk!)
  - Easier (cheaper) to find staff & maintain institutional memory
  - More likely to be compliant with regulation
- Can't achieve data lock-in by dead-end-thinking

# Hacking FHIR: Is it secure?

- Alissa Knight is a professional hacker who was paid to hack production APIs and publish her results
- EHRs were very secure.  
Other Apps: very insecure
- This is scary! Why use FHIR?
- Because you will be hacked – so why not be part of the solution?



# Coordinated Care

- Common Frustration of Patients:
  - Scheduling/Communication problems
  - Conflicting care plans / payment options
  - Conflicting system definitions of success
  - Must be resolved by the patient
- FHIR enables Services for
  - distributed care plan
  - virtual clinical review
- Virtual Institutions (internet hospitals, institutional boundaries)
- Integrated Home Care (medication management)

# FHIR & Disruption

FHIR disrupts healthcare (& healthcare IT):

- Significantly reducing the cost of data exchange
- Making it easy and natural to use the web
- Encouraging the development of open community
- Building a solid base to scale computation about healthcare

At the same time as wider web / open community transforms are happening.

Join a community....